

# Fork oil

Supply	OK
Fork oil	

	Action	OK
1	untighten cap bolts	
2	lift front of the bike	
3	remove fender, front wheel and calipers	
4	remove handlebars if necessary	
5	untighten lower and upper bracket screws	
6	extract fork tubes	
7	remove cap bolts	
8	remove spring and spacers	
9	drain used oil	
10	pump on damping cartridge road to drain all oil	
11	pour fresh oil	
12	pump on rod and tube to bleed air in damping cartridge	
13	check oil level (xx mm from top)	
14	reinstall spring and spacers	
15	tighten cap bolt	
16	reinstall fork, taking care of its position in brackets	
17	Lock cap bolt	
18	Reinstall wheel, fender, calipers	

Other operations checklists are available on :

[http://www.trackandroad.net/fiches\\_mecanique\\_eng.html](http://www.trackandroad.net/fiches_mecanique_eng.html)